



UNDER THE AUSPICES OF CARDIOPACE

3rd Middle East cardi♥pace

"From pill to wire and devices"



Joint With

4th Regional Meeting on Prevention of Coronary Heart Disease & Stroke



F I N A L P R O G R A M



International Task Force
for Secondary
Coronary Heart Disease



Beirut, 11-14 March, 2009 Le Royal Hotel, Dbayeh - Lebanon



18 CME credits

www.me-cardiopace.com

DIABETIC DYSLIPIDAEMIA

Open your eyes
to microvascular risks

*Lipanthyl® further reduces
residual risks*

Diabetic retinopathy

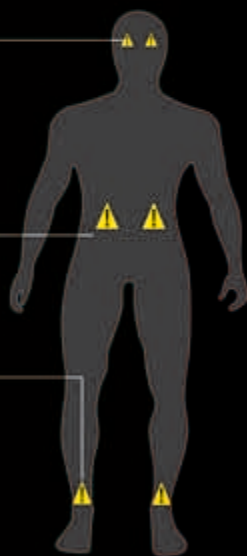
- 37% in the cumulative use of laser treatment for diabetic eye disease ($p=0.0003$)¹

Diabetic nephropathy

- 14% progression of albuminuria ($p=0.002$)²

Diabetic neuropathy

- 38% of non-traumatic amputations ($p=0.011$)³



References

1. FIELD study investigators. Effect of fenofibrate on the need for laser treatment for diabetic retinopathy (FIELD study): a randomised controlled trial. *Lancet* 2007;370:1187-97. published online November 6th, 2007. 2. FIELD study investigators. *Lancet* 2005;366:1849-61. 3. FIELD Study Investigators. Abstract We-515.2, XIV International Symposium on Atherosclerosis, Rome, 2006.



LIPANTHYL®
FENOFIBRATE

THERE IS MORE TO IT THAN YOU THINK

Scientific Logistics

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Organization Logistics

TRUST & TRADERS

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Acknowledgment

- ♥ **Medtronic**
 - ♥ **St Jude Medical**
 - ♥ **BIOTRONIK**
-

- ♥ **Solvay Pharmaceuticals**
 - ♥ **Abbott Laboratories**
 - ♥ **Bayer Healthcare Consumer Care**
 - ♥ **Droguerie Phenicia**
 - ♥ **Lab Servier**
 - ♥ **MSD**
 - ♥ **Novartis**
-

- ♥ **Algorithm**
 - ♥ **AstraZeneca**
 - ♥ **Boehringer Ingelheim**
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-

- ♥ **Middle East Airlines**
- ♥ **Château Ksara**
- ♥ **Technopub**



Dear colleagues,

It is our great pleasure to invite you to the "Third Middle East Cardiopace – From Pill to Wire and Devices" joint with the "Fourth regional meeting on prevention of cardiovascular disease".

This meeting is under the auspices of Cardiostim and endorsed by the European Heart Rhythm Association.

Many thanks to Professor R. Paoletti and Professor G. Breithardt who accepted to be honorary presidents of our meeting. Their presence with us is of great value and a sign of friendship.

The endorsement of this meeting by international and local societies offers a program set up by an international faculty in order to offer to the physicians in this region many discussions of interest in the field of arrhythmia and cardiac pacing.

We are delighted to have the important support of the Lebanese society of cardiology, the Lebanese society of atherosclerosis for this event, the Saudi Heart Rhythm Society and the Lebanese group of electrophysiologists in France "Cadmos".

The program will include lectures, symposia, mini-courses, debates, workshops, luncheon panels...

This event has been accredited by the European Board for Accreditation in Cardiology (EBAC) and the Lebanese Order of physicians.

A social program has been organized to allow attendees to visit some of the beautiful sites of our wonderful country.

Let us make the Middle East Cardiopace
a Middle East Cardiopeace.

Charles Jazra
Chairman
Organizing committee

Philippe Ritter
President of Cardiostim

Honorary Presidents

R. Paoletti (Italy)



G. Breithardt (Germany)



Organizing Committee

Charles Jazra (Lebanon)
Philippe Ritter (France)
Nassir Marrouche (USA)
Roland Asmar (France)
Wael Chalak (Lebanon)

Luc Jordaens (The Netherlands)
Khalifé Khalifé (France)
Maurice Khoury (Lebanon)
Jacques Mansourati (France)

Faculty

Abboud Halim	LEBANON	Brembilla-Perrot Béatrice	FRANCE
Abboud Johnny	LEBANON	Bouhouch Rashida	MOROCCO
Abdeddayem Haggui	TUNISIA	Burnier Michel	SWITZERLAND
Abisamra Fred	USA	Calceran Joseph	SPAIN
Abou Jaoude Simon	LEBANON	Chalak Wael	LEBANON
Akar Joseph	USA	Chami Joseph	LEBANON
Al Ghamdi Saleh	KSA	Chammas Elie	LEBANON
Al Khadra Ayman	KSA	Charbonnel Bernard	FRANCE
Al Mussaad Abdel Muhsen	KSA	Chauvin Michel	FRANCE
Al Rawahi Nagib	OMAN	Chentir Tayyeb	ALGERIA
Alam Samir	LEBANON	Cho Leslie	USA
Alhersi Ahmed	KSA	Choueiry Salah	LEBANON
Aoudia Yazid	ALGERIA	Corsini Alberto	ITALY
Arnaout Samir	LEBANON	Curnis Antony	ITALY
Ashoush Ramzi	LEBANON	Dabbagh Ahmad	LEBANON
Asmar Bechara	LEBANON	Daghri Khaled	FRANCE
Asmar Roland	FRANCE	Daou Abdo	LEBANON
Assmann Gerd	GERMANY	Daoula Amin	KSA
Atallah Bassel	LEBANON	Daubert Jean-Claude	FRANCE
Awada Adnan	LEBANON	Davy Jean-Marc	FRANCE
Azar Rabih	LEBANON	De Roy LUC	BELGIUM
Azar Sami	LEBANON	Echtay Akram	LEBANON
Bachour Ziad	LEBANON	El Alamy Ismail	FRANCE
Badaine Yahya	JORDAN	El Sherif Nabil	USA
Bassand Jean-Pierre	FRANCE	Fagih Ali	KSA
Bassile Nabil	LEBANON	Farhat Fadi	FRANCE
Berberi Adel	LEBANON	Farhat Fouad	LEBANON
Bodewei Rolf	GERMANY	Fayyad Maged	KSA
Bokhari Fayez	KSA	Ferrari Roberto	ITALY
Borggreffe Martin	GERMANY	Fruchart Jean-Charles	FRANCE
Brachman Johannes	GERMANY	Gebara Victor	LEBANON
Breithardt Guenter	GERMANY	Ghanem Georges	LEBANON

Ghazzal Ziad	LEBANON	Mortesen Peter	DENMARK
Ghoussous Youssef	JORDAN	Moukhayber Sami	LEBANON
Gilard Martine	FRANCE	Mourad Hentiti	TUNISIA
Habbabe Mohamad	KSA	Nasr Samer	LEBANON
Haddad Wajdi	LEBANON	Nemr Rita	LEBANON
Hage Antoine	LEBANON	Nohman Mouhammad	QATAR
Hammoudeh Ayman	JORDAN	Osman Raed	LEBANON
Henine Roland	FRANCE	Oto Ali	TURKEY
Houalla Nahla	LEBANON	Paoletti Rodolpho	ITALY
Imad Zouhair	LEBANON	Rabiee Fatemeh	UK
Jaber Wael	USA	Rafla Samir Morcos	EGYPT
Jambart Selim	LEBANON	Raviele Antonio	ITALY
Jordaens Luc	THE NETHERLANDS	Riesen Walter	SWITZERLAND
Kadri Nazih	JORDAN	Ritter Philippe	FRANCE
Kallab Kamal	LEBANON	Rizk Hussien	EGYPT
Kandari Fawzia	KUWAIT	Roca Alexandre	SPAIN
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Kassab Roland	LEBANON	Rupp Heinz	GERMANY
Katsivas Apostopoulos	GREECE	Saab Charles	LEBANON
Kautzner Josef	CZECH REPUBLIC	Salame Elie	LEBANON
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Khalil Firas	KSA	Sayegh Ali	KUWAIT
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Khattar Pierre	FRANCE	Sayyad Dany	USA
Khouri Michael	UAE	Semaan Claude	LEBANON
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Kikano Toufic	LEBANON	Sweidan Raed	KSA
Knight Bradley	USA	Tabalat Ramzi	JORDAN
Kosseifi Antoine	LEBANON	Tamimi Hassan	SYRIA
La Rovere Maria-Theresa	ITALY	Tarcha Walid	LEBANON
Lascault Gilles	FRANCE	Timany Nadim	LEBANON
Legler Udo	GERMANY	Verdas Panos	GREECE
Maalouf Joe	USA	Vester Ernest	GERMANY
Mahmud Rehan	UAE	Waeber Bernard	Switzerland
Mansour Hassan	FRANCE	Youakim Nicolas	LEBANON
Mansourati Jacques	FRANCE	Zankoul Fouad	LEBANON
Maroun Therese	LEBANON	Ziade Joe	LEBANON
Marrouche Nassir	USA	Zouzou Hanan	ALGERIA

Welcome Address

Maurice Khoury

Chairman of the Organizing Committee

Charles Jazra

Chairman of Cardiostim

Philippe Ritter

The European Heart Rhythm Association

Panos Vardas

President-elect

Honorary President Address

Günter Breithardt

Special Conference: **“The Culture of Food”**

Roberto Ferrari

President of the European Society of Cardiology

Cocktail

(Offered by Lab Servier)



EUROPEAN BOARD FOR ACCREDITATION IN CARDIOLOGY

ACCREDITATION CERTIFICATE

This is to certify that the event
**“Third Middle East Cardiopace - "From Pill to Wire" Joint with the "Fourth
Regional meeting on Prevention of CVD”**
taking place from **11 March 2009** until **14 March 2009**
in Dbayeh, LEBANON,
has been accredited by the European Board for Accreditation in Cardiology
for **18 CME credit hours.**

Each participant should claim only those hours of credit that have actually been spent in the educational activity. EBAC works according to the quality standards of the European Accreditation Council for Continuing Medical Education (EACCME), which is an institution of the European Union of Medical Specialists (UEMS).

List of institutions officially recognising the competence of EBAC in international accreditation:
CardioVascuolaire Onderwijs Instituut (NL), Österreichische Akademie der Ärzte (AT).

List of National Cardiac Societies officially recognising the competence of EBAC in international accreditation:
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EBAC wishes you a successful event,

Dr. Peter E. Polak
EBAC Chairman

Please note that as a provider of an EBAC accredited CME programme you are responsible for fulfilling EBAC requirements. They are explicitly defined in the “EBAC Recommendations for CME Providers” that you can find, together with other important information, on the EBAC website: www.ebac-cme.org

UNDER THE AUSPICES OF CARDIOSTIM

3rd Middle East cardi♥pace
“ From pill to wire and devices ”

Joint With

**4th Regional Meeting on Prevention
of Coronary Heart Disease & Stroke**

**The Continuing Medical Education (CME)
Committee of the Order of Physicians
of Lebanon in Beirut designates this activity
for 24 CME Credits.**

Beirut, 11-14 March, 2009 Le Royal Hotel, Dbayeh - Lebanon



14:00 - 15:30

MANAGEMENT OF RISK FACTORS: FOCUS ON GUIDELINES ON THE LIGHT OF CLINICAL TRIALS

Co-chair: **F. Farhat** (Lebanon), **P. Souaid** (Lebanon)

- 14:00 Antiplatelet therapy: Acute coronary syndrome and beyond. How and how long?
JP Bassand (France)
- 14:20 Guidelines on pre-diabetes and diabetes
Fatemeh Rabiee (UK)
- 14:40 Drugs affecting lipid metabolism: combination, interactions
TBA
- 15:00 New approach to management of microalbuminuria: Evidence for Sulodexide
A. Berbari (Lebanon)
With an educational grant from Phenicia

15:30 COFFEE BREAK

16:00 - 17:30

DEBATED ISSUES ON MANAGEMENT OF RISK FACTORS

Co-chair: **B. Atallah** (Lebanon), **N. Youakim** (Lebanon)

- 16:00 Role of nutrition and exercise on cardiovascular prevention
Fatemeh Rabiee (UK)
- 16:20 Controversies about the benefit of tight glycaemic control
I. Salti (Lebanon)
- 16:40 Impact of the ENHANCE on our daily practice
Leslie Cho (USA)
- 17:00 The truth on hormonal replacement therapy
Leslie Cho (USA)
With an educational grant from Phenicia

18:00 THE EUROPEAN SOCIETY OF CARDIOLOGY LECTURE

[PEARL C]

Chairman: **Ch. Jazra** (Lebanon)

How much ACE inhibition has changed our daily practice
R. Ferrari (Italy)

19:30 OPENING CEREMONY (WITH THE COMPLIMENTS OF SERVIER)

[PEARL A]

14:00 - 15:30

DIDACTIC COURSE: WHAT THE GENERAL CARDIOLOGIST NEEDS TO KNOW ABOUT CATHETER ABLATION

Co-Chair: B. Knight (USA), **L. Jordaens** (The Netherlands)

- 14:00 Normal and abnormal cardiac anatomy and its role in the genesis of arrhythmias
M. Chauvin (France)
- 14:20 Cardiac disease amenable to catheter ablation
S. Nasr (Lebanon)
- 14:40 Selection of optimal mapping and ablation techniques for specific arrhythmias and clinical circumstances
J. Akar (USA)
- 15:00 Identifying and minimizing the major risks associated with ablation
Y. Badaine (Jordan)

15:30 COFFEE BREAK

16:00 - 18:00

ALL AROUND ABLATION OF ATRIAL FIBRILLATION

Co-chair: A. Alhersi (KSA), **A. Raviele** (Italy)

- 16:00 Patient selection, patient preparation and patient Information
J. Brachmann (Germany)
- 16:20 New techniques, new energies, new mapping
L. Jordaens (The Netherlands)
- 16:40 Complications: How can we reduce the risk?
E. Vester (Germany)
- 17:00 How much monitoring to consider AF ablation a success?
B. Knight (USA)
- 17:20 Ablation of AF as first line therapy: too much ambition?
N. Marrouche (USA)

Thursday, March 12, 2009 [Pearl A]

Thursday AM

09:00 – 10:30

CORONARY ARTERY DISEASE ARRHYTHMIA AND SUDDEN DEATH

Co-chair: N. El Sherif (USA), **G. Ghanem** (Lebanon)

- 09:00 Debatable issues in management of acute MI
JP Bassand (France)
- 09:20 Management of chest pain at ER: Is CT scan of help?
Martine Gilard (France)
- 09:40 Cell transplantation for myocardial regeneration: Ready for prime time?
R. Ferrari (Italy)
- 10:00 Who needs an ICD after MI and when?
Maria Teresa La Rovere (Italy)

10:30 COFFEE BREAK

Visit the exhibition

11:00 – 12:30

CLINICAL IMPLICATIONS OF REMODELING IN CARDIO VASCULAR DISEASE

Co-chair: JM. Davy (France), **W. Chalak** (Lebanon)

- 11:00 Vascular remodeling and its consequences
R. Asmar (France)
- 11:20 Atrial remodeling and its role in atrial fibrillation
B. Knight (USA)
- 11:40 Ventricular remodeling and left ventricular dysfunction
S. Alam (Lebanon)
- 12:00 Therapeutic options: RAAS modulation and others
R. Ferrari (Italy)

12:45 MASTERING LECTURE

[PEARL A]

Chairman: Ph. Ritter (France)

Prevention of Sudden death between Health and economics
G. Breithardt (Germany)



11:00 - 12:30

MECHANISM AND MANAGEMENT OF STROKE

Chairpersons: **H. Abboud** (Lebanon), **S. Moukhyber** (Lebanon)

- 11:00 Insight in the mechanism of stroke: embolic-atherosclerotic
H. Rupp (Germany)
- 11:20 Is Holter monitoring mandatory in the management of Stroke?
K. Kallab (Lebanon)
- 11:40 Is there a consensus for the management of hypertension in the acute phase of stroke
A. Awada (Lebanon)
- 12:00 Cerebrovascular protection after stroke: lessons from MOSES
A. Roca (Spain)

Thursday, March 12, 2009 [Pearl C]

AM
Thursday

09:00 - 10:30

ATRIAL FIBRILLATION: FROM BASICS TO CLINICAL PRACTICE

Co-chair: Y. Aoudia (Alg), **J. Ziadé** (Lebanon)

- 09:00 Evaluation of patients with atrial fibrillation
E. Vester (Germany)
- 09:20 Where do the symptoms come from?
J-M. Davy (France)
- 09:40 AF 2009: lessons learned and management
J. Maalouf (USA)
- 10:00 Antithromboembolic treatment of atrial fibrillation: when, how and how long?
J. Akar (USA)

10:30 COFFEE BREAK

Visit the exhibition

11:00 - 12:30

ARRHYTHMIAS AND SUDDEN DEATH IN PATIENTS WITH HEART FAILURE

Co-chair: A. AlMussaad (KSA), **J. Brachman** (Germany)

- 11:00 Mechanisms of arrhythmia in patients with LV dysfunction
N. El-sherif (USA)
- 11:20 Management of AF in heart failure patients
A. Raviele (Italy)
- 11:40 Management of ventricular tachyarrhythmia in Heart Failure
G. Breithardt (Germany)
- 12:00 Where ablation of AF in HF stands?
N. Marrouche (USA)



LUNCHEON PANELS - MEET THE EXPERTS

13:30 - 15:00

Lunch is offered in the luncheon panels only for registered participants.
Places are limited. Registration is mandatory.

13:30 – 14:45: LUNCHEON PANEL

[Pearl A]

With an educational grant from Bayer Healthcare Consumer Care

SPECIAL SYMPOSIUM: MORE THAN 100 YEARS OF ASPIRIN

Co-chair: **J.P. Bassand** (France), **K. Khalifé** (France)

13:30 Introduction: The story of Aspirin

Ch. Jazra (Lebanon)

13:40 Aspirin in primary prevention: From pathophysiology to guidelines

I. Elalamy (France)

14:10 Aspirin and bleeding: Should we stop it before interventions?

Kh. Khalifé (France)

14:30 Aspirin Protect

Ch. Jazra (Lebanon)

13:30 – 14:45: LUNCHEON PANEL

[Crystal Room]

With an educational grant from St. Jude Medical

ABLATION OF ATRIAL FIBRILLATION: TECHNICAL AND CLINICAL ASPECTS

Co-chair: **A. Sayegh** (Kuwait), **S. Choueiry** (Lebanon)

13:30 Is it time to send this patient for AF ablation? Usual and unusual indications

W. Saliba (USA)

13:50 AF Ablation: Why do we need different techniques?

A. Katsivas (Greece)

14:10 Early and late complications: detection and management.

J. Kautzner (Czech Republic)

13:30 – 14:30: LUNCHEON PANEL

[Pearl C]

With an educational grant from MSD

NEW APPROACHES FOR THE MANAGEMENT OF DIABETES

Co-chair: **A. Eghtay** (Lebanon), **N. Bassil** (Lebanon)

13:30 The Case for Early Combination Therapy in the Management of Type 2 Diabetes

B. Charbonnel (France)

14:00 How to protect the kidney in the diabetic patient?

A. Berbari (Lebanon)

Thursday
LUNCH

15:00 - 16:30

V3D: NEW TECHNOLOGY FOR ENHANCED PATIENT CARE

Co - Chair: **L. Jordaens** (The Netherlands) - **D. Sayyad** (USA)

- 15:00 Overview & benefits of Vision 3D, including tailoring device settings to optimize HF management with an emphasis on therapy guide, programmable RV sensing & programmable SVC
M. Santini (Italy)
- 15:20 Benefits of complete capture management in CRT devices
M. Santini (Italy)
- 15:40 How to maximize vision 3D diagnostic and monitoring capabilities during patient follow up with an emphasis on Quick Look II, four real-time EGM channels & enhanced audible tones
M. Santini (Italy)
- 16:00 State of the Art in device based heart failure management
D. Rowley (UK)
- With an educational grant from Medtronic

16:30 COFFEE BREAK

Visit the exhibition

17:00 - 18:30

**DEBATING THE GUIDELINES: WHICH ONE SHOULD WE FOLLOW?
(CASE PRESENTATION)**

Co-chair: **H. Mourad** (Tunisia), **M. Fayyad** (KSA)

- 17:00 Atrial fibrillation
N. Al Rawahi (Oman)
- 17:20 CRT and ICD's
JC Daubert (France)
- 17:40 Syncope
J. Mansourati (France)
- 18:00 Ventricular tachycardia and sudden death
W. Saliba (USA)

Thursday, March 12, 2009 [Crystal Room]

15:00 – 16:30

CHALLENGES IN MANAGEMENT OF HEART FAILURE

Co-chair: N. Timany (Lebanon), **W. Tarcha** (Lebanon)

- 15:00 Management of heart failure with preserved LV function
H. Skouri (Lebanon)
- 15:15 Management of heart failure in patients with renal failure
M. Burnier (Switzerland)
- 15:30 Anemia and and hyponatremia in heart failure
S. Sayegh (Lebanon)
- 15:45 Causes and management of non-responders to CRT
G. Lascault (France)
- 16:00 Management of sleep apnea in heart failure
T. Kikano (Lebanon)

17:00 COFFEE BREAK

Visit the exhibition

17:00 – 18:30

DETECTION OF ARRHYTHMIAS AND RISK STRATIFICATION TOOLS

Co-chair: H. Abdeddayem (Tunisia), **M. Khoury** (Lebanon)

- 17:00 Evaluation of EF in the post MADIT and SCD-HEFT era. Variations & reproducibility
W. Jaber (USA)
- 17:20 How can Heart rate variability and other parameters help in selecting patients for ICD
Maria Teresa La Rovere (Italy)
- 17:40 Indications and limitations of ambulatory electrocardiography
N. El Sherif (USA)
- 18:00 Role of implantable devices in the diagnosis of arrhythmias
L. Jordaens (The Netherlands)
- 18:20 Data on the benefit of implantable loop recorder: one center experience
G. Lascault (France)

18:30 COFFEE BREAK

Visit the exhibition

19:00 St. Jude Medical Symposium

[CRYSTAL ROOM]

DIFFERENT TECHNIQUES FOR IMPLANTATION AND OPTIMIZATION OF CRT DEVICES

Co-chair: A. Fagih (KSA), **M. Khoury** (Lebanon)

New techniques for CRT optimization: QuickOpt

P. Mortensen (Denmark)

CRT Implants: Techniques and Tricks

A. Curnis (Italy)

15:00 – 16:30

THE WORKUP OF PATIENT WITH HYPERTENSION

Co-chair: **B. Waeber** (Switzerland), **Z. Imad** (Lebanon)

- 15:00 Are we measuring the real blood pressure?
H. Tamimi (Syria)
- 15:15 Diagnostic and prognostic value of ambulatory measurement of blood pressure
R. Asmar (France)
- 15:30 Should we screen all hypertensive patients for Microalbuminuria?
Therese Maroun (Lebanon)
- 15:45 Cardiovascular imaging in hypertension
E. Chammas (Lebanon)
- 16:00 Approach to isolated systolic hypertension
Y. El Goussous (Jordan)

16:30 COFFEE BREAK

Visit the exhibition

17:00 – 18:30

COMBINATION THERAPY IN HYPERTENSION: RATIONALE AND RESULTS

Co-chair: **G. Ghanem** (Lebanon), **R. Kassab** (Lebanon)

- 17:00 Evidence for the benefit of "ARB's" in hypertension
B. Waeber (Switzerland)
- 17:30 Combining anti-hypertensive drugs: From guidelines to practice
R. Asmar (France)
With an educational grant from NOVARTIS

18:30 COFFEE BREAK

Visit the exhibition

19:00 Novartis Symposium

[PEARL C]

Chairman: **J. Khabouth** (Lebanon)

THE RAAS: WHERE TO BLOCK IT, HOW TO BLOCK IT?

M. Burnier (Switzerland)



Friday, March 13, 2009 [Pearl A]

09:00 - 11:00

MAXIMIZING THE VASCULAR PROTECTION IN THE DYSGLYCEMIC PATIENT: AN EVIDENCE-BASED APPROACH**Co-chair: E. Karame** (Lebanon), **A. Pathak** (France)

- 09:00 The benefit of glycemetic control
B. Charbonnel (France)
- 09:20 Benefit of lipid lowering drugs: Statins, Fibrates or both?
Rita Nemr (Lebanon)
- 09:40 Role of Glitazones: benefit & safety
S. Azar (Lebanon)
- 10:00 ADVANCE's in the management of hypertension and diabetes
B. Waeber (Switzerland)

10:30 COFFEE BREAK

Visit the exhibition

11:00 - 12:30

11:00 Special Symposium of the MS institute (Middle East chapter)**METABOLIC SYNDROME: AN EVOLVING CONCEPT****Co-chair: Ch. Jazra** (Lebanon), **Rita Nemr** (Lebanon)

- 11:00 The Metabolic Syndrome as a Risk Factor for Cardiovascular Disease
W. Riesen (Switzerland)
- 11:20 Prevalence of MS in Jordan
A. Hammoudeh (Jordan)
- 11:40 Prevalence of MS in Lebanon
N. Houalla (Lebanon)
- 12:00 Prevalence of MS in KSA
Kh. Rubean (KSA)

With an educational grant from Solvay Pharmaceuticals

12:45 MASTERING LECTURE

[PEARL A]

Chairman: I. Salti (Lebanon)

Drug Therapy for the Dyslipidemia of the Metabolic Syndrome
JC. Fruchart (France)

09:00 - 10:30

MANAGEMENT OF SYNCOPE IN SPECIAL SITUATIONS

Co-chair: M. Nohman (Qatar), **S. Abou Jaoudé** (Lebanon)

- 09:00 What is syncope and what is not?
TBA
- 09:20 Algorithm for the diagnosis of syncope in patients without structural heart disease
F. Abi Samra (USA)
- 09:40 Algorithm for diagnosis of syncope in patients with structural heart disease
B. Brembillat-Perrot (France)
- 10:00 Algorithm for diagnosis and management of syncope in Athletes
N. El Sherif (USA)

10:30 COFFEE BREAK

Visit the exhibition

11:00 - 12:30

CARDIAC RESYNCHRONIZATION: WHAT IS NOT IN THE GUIDELINES

Co-chair: JC. Daubert (France), **A. Daou** (Lebanon)

- 11:00 Biventricular pacing in patients with Bradycardia pacing indication
Ph. Ritter (France)
- 11:20 CRT in patients with atrial fibrillation
J. Akar (USA)
- 11:40 CRT indication in NYHA class II and narrow QRS patients
JC. Daubert (France)
- 12:00 CRT in patients with intermittent LBBB
R. Mahmud (UAE)

Friday, March 13, 2009 [Pearl C]

09:00 - 10:30

SURESCAN PACING SYSTEM

Co - Chair: M. Santini (Italy), **D. Sayyad** (USA)

09:00 The need for MRI safe devices & what are the possible complications with MRI scan

T. Sommer (Germany)

09:30 Study result & experience

T. Sommer (Germany)

10:00 MRI scan tricks & tips

T. Sommer (Germany)

With an educational grant from Medtronic

10:30 COFFEE BREAK

Visit the exhibition

11:00 - 13:00

MANAGING THE ASYMPTOMATIC PATIENT WITH AN ABNORMAL ECG (CASE PRESENTATION)

Co-chair: R. Mahmud (UAE), **E. Salamé** (Lebanon)

11:00 Long QT syndrome

Kh. Daghiri (KSA)

11:20 Brugada Syndrome

M. Borggreffe (Germany)

11:40 Wolff-Parkinson-White Syndrome

B. Brembillat-Perrot (France)

12:00 Conduction diseases in neuro-muscular pathology

R. Bouhouch (Morocco)

Friday AM

LUNCHEON PANELS - MEET THE EXPERTS

13:30 - 15:00

Lunch is offered in the luncheon panels only for registered participants.
Places are limited. Registration is mandatory.

13:30 - 14:50: LUNCHEON PANEL

[Pearl C]

With an educational grant from BIOTRONIK

MODERN CARDIAC RHYTHM MANAGEMENT AND HOME MONITORING

Co-chair: **S. Nasr** (Lebanon), **J. Brachmann** (Germany)

- 13:30 Influence of home monitoring on the clinical status of CHF patients
R. Bodewei (Germany)
- 13:50 CHF and Afib: How important is home monitoring?
J. Brachmann (Germany)
- 14:10 Credit Registry - How could home monitoring be used?
E. Vester (Germany)
- 14:30 First Experience with home monitoring in the middle east
R. Sweidan (KSA)

13:30 - 14:50: LUNCHEON PANEL

[Crystal Room]

INTERACTIVE SESSION: CASE PRESENTATION (in collaboration with Cadmos)

Co-chair: **J. Mansourati** (France), **A. Kossaifi** (Lebanon)

- | | | | |
|-------|---|-------|---|
| 13:30 | 1. Atrial fibrillation
J. Mansourati (France) | 14:10 | 3. ICD
H. Mansour (France) |
| 13:50 | 2. CRT
P. Khattar (France) | 14:30 | 4. Tachyarrhythmia
Cardiomyopathy in Child
Y. Badaine (Jordan) |

13:30 - 14:50: LUNCHEON PANEL

[Pearl A]

With an educational grant from Solvay Pharmaceuticals

MANAGING THE RESIDUAL RISK FOR CVD

Co-chair: **JC Fruchart** (France), **I. Salti** (Lebanon)

- 13:30 Retinopathy as a risk factor for CVD
Z. Bachour (Lebanon)
- 13:45 How to manage the non-responders to statins?
A. Pathak (France)
- 14:15 New data from FIELD study
A. Keech (Australia)

Friday
LUNCH

15:00 – 16:30

MAXIMIZING THE BENEFIT FROM CRT

Co-chair: **A. Alheri** (KSA), **M. Chauvin** (France)

- 15:00 What is the exact role of imaging in patient selection for CRT?
W. Jaber (USA)
- 15:18 Tics and Tricks in CRT lead implant failure
A. Oto (Turkey)
- 15:36 Are new technologies of help to improve the response?
Ph. Ritter (France)
- 15:54 CRT without ICD: Are there still indications?
H. Mansour (France)
- 16:12 Management of arrhythmias in CRT recipients
D. Sayad (USA)

16:30 COFFEE BREAK

Visit the exhibition

17:00 – 18:30

ISSUES AND CONTROVERSIES IN CARDIAC PACING

Co-chair: **Ph. Ritter** (France), **J. Abboud** (Lebanon)

- 17:00 Are we pacing the "right" ventricle?
D. Sayad (USA)
- 17:20 Follow-up of children with pacemakers
S. Al-Ghamdi (KSA)
- 17:40 Percutaneous lead extraction: Techniques and complications
W. Saliba (USA)
- 18:00 Pacing for vaso-vagal syncope: Does it work?
A. Curnis (Italy)

15:00 - 16:30

FROM PILL TO WIRE AND DEVICES IN THE MANAGEMENT OF HEART FAILURE

Co-chair: C. Semaan (Lebanon), **A. Dabbagh** (Lebanon)

- 15:00 Debatable therapy (Digoxine, Spironolactone, dual RAAS inhibition...)
H. Skouri (Lebanon)
- 15:20 CRT: where are we, where are going to?
R. Sueidan (KSA)
- 15:40 Cardiopulmonary assist
F. Khalil (KSA)
- 16:00 Benefit of revascularization
M. Khoury (UAE)

16:30 COFFEE BREAK

Visit the exhibition

17:00 - 18:30

SECOND DIDACTIC COURSE ON ICD IMPLANTATION AND FOLLOW-UP FOR THE GENERAL CARDIOLOGIST

Co-chair: M. Chauvin (France), **N. Kadri** (Jordan)

- 17:00 Who needs an ICD in 2009?
W. Saliba (USA)
- 17:20 ICD implantation: techniques, DFT testing, and management of complications
M. Khoury (Lebanon)
- 17:40 ICD follow-up: troubleshooting, reprogramming, elective replacement indicators
M. Chauvin (France)
- 18:00 How to manage arrhythmias in ICD recipients
F. Abi Samra (USA)
- 18:25 The experience of ATP during charging
Fawzia Kandari (Kuwait)

15:00 - 16:30

DRUGS AFFECTING LIPID METABOLISM

Co-chair: **M. Habbab** (KSA), **R. Osman** (Lebanon)

- 15:00 HDL and atherosclerosis
S. Jambart (Lebanon)
- 15:15 The truth on HDL therapy
Leslie Cho (USA)
- 15:30 Beyond Courage and Enhance: Role of Lipoprotein Particles in primary and Secondary Prevention of CAD?
Joe Maalouf (USA)
- 15:45 Low HDL predict one year mortality after PCI
Z. Ghazzal (Lebanon)
- 16:00 CRP as a risk factor or risk marker?
W. Riesen (Switzerland)

16:30 COFFEE BREAK

Visit the exhibition

17:00 - 18:30

NEW DEVELOPEMENT IN THE MANAGEMENT OF HYPERTENSION

Co-chair: **N. Bassil** (Lebanon), **F. Farhat** (Lebanon)

- 17:00 Recent cardiovascular and hypertension outcome trials
JM Calceran (Spain)
- 17:20 RAAS blockers and CCB in first line therapy: Are all combinations equal?
S. Mallat (Lebanon)
- 17:40 Management of Hypertension: Preventing the onset of diabetes and its complications
R. Kassab (Lebanon)
With an educational grant from Abbott Laboratories

18:30 COFFEE BREAK

Visit the exhibition

ENDOCRINE SYSTEM, THE HEART AND THE VESSELS

Co-chair: **A. Eghtay** (Lebanon), **S. Arnaout** (Lebanon)

- 19:00 The impact of weight reduction with Sibutramine on CV morbidity and mortality: Preliminary data from SCOUT
U. Legler (Germany)
- 19:30 Why and how to prevent CV risk by losing weight
Ch. Saab (Lebanon)
- 19:50 Hypothyroidism: Over/Under treatment risks
I. Salti (Lebanon)
With an educational grant from Abbott Laboratories



Saturday, March 14, 2009 [Pearl A]**09:00 - 10:30****DEBATES****Co-chair: M. Borggreffe** (Germany), **W. Haddad** (Lebanon)

- 09:00 Echo is mandatory in patient selection for CRT
Pro W. Jaber (USA)
Con J. Kautzner (Czech republic)
- 09:45 AAI is better than DDD in patients with sinus node dysfunction
Pro M. Santini (Italy)
Con Ph. Ritter (France)

10:30 COFFEE BREAK**Visit the exhibition****11:00 - 12:30****PREVENTION OF AF: AN EVIDENCE-BASED APPROACH****Co-chair: Z. Smiri** (Tunisia), **W. Khoury** (Lebanon)

- 11:00 Antiarrhythmic agents for the prevention of paroxysmal and persistent AF
H. Rizk (Egypt)
- 11:20 Supportive therapy for AF: Statins, ACEI, ARB'S, Omega3, Magnesium
M. Borggreffe (Germany)
- 11:40 Can we prevent AF by pacing?
M. Santini (Italy)
- 12:00 Can Mitral valve repair prevent AF?
V. Gebara (Lebanon)

12:30 CLOSING OF THE MEETING

Saturday, March 14, 2009 [Crystal Room]

09:00 - 10:30

"CARDIOPACE": WHEN DO WE NEED A SURGEON?

(IN COLLABORATION WITH THE LEBANESE SOCIETY OF CARDIOTHORACIC SURGERY)

Co-chair: P. Karam (Lebanon), **F. Zankoul** (Lebanon)

- 09:00 Place of thoracoscopy in management of persistent atrial fibrillation
L. de Roy (Belgium)
- 09:20 CRT implantation failure: How can the surgeon be of help?
R. Ashoush (Lebanon)
- 09:40 Resynchronizing the heart after surgery for congenital HD
R. Hneine (France)
- 10:00 Surgical endoscopic resynchronization with robot Da Vinci
F. Farhat (France)

10:30 COFFEE BREAK

Visit the exhibition

11:00 - 12:30

Workshop: Meet the Experts

FROM PILL TO WIRE IN THE MANAGEMENT OF VENTRICULAR TACHYCARDIA

Co-chair: L. De Roy (Belgium), **S. Rafla** (Egypt)

- 11:00 How to diagnose a wide QRS tachycardia?
N. Al Rawahi (Oman)
- 11:20 Drug therapy to prevent VT
JM Davy (France)
- 11:40 Ablation of VT: Case reports
L. De Roy (Belgium)
- 12:00 ICD's: ATP versus Shock
M. Khoury (Lebanon)

12:30 CLOSING OF THE MEETING

AM

Saturday

Saturday, March 14, 2009 [Pearl C]

AM
Saturday

09:00 - 10:30

MYOCARDIAL INFARCTION AND HEART FAILURE AT THE CROSS-ROAD

(WITH AN EDUCATIONAL GRANT FROM SOLVAY PHARMACEUTICALS)

Co-chair: E. Chammas (Lebanon), **J. Chami** (Lebanon)

- 09:00 Diagnostic and prognostic value of BNP and pro-BNP
R. Kassab (Lebanon)
- 09:20 Evaluation of Right Ventricular Function
J. Maalouf (USA)
- 09:40 Role of Omega 3 fatty acids in the genesis of arrhythmia in MI and HF
H. Rupp (Germany)
- 10:00 Rethinking heart failure after GISSI-HF
M. Khoury (UAE)

10:30 COFFEE BREAK

Visit the exhibition



Saturday, March 14, 2009 [Pearl C]

11:00 –14:30

THE SECOND POST-CONGRESS WORKSHOP ON MANAGEMENT OF CV RISK FACTORS

Endorsed by the International task force for prevention of CHD
and the Lebanese society of atherosclerosis on invitation by Phenicia

1. ATHEROSCLEROSIS: RISK FACTORS AND RISK MARKERS

Co-chair: A. Nasrallah (Lebanon), **G. Badaoui** (Lebanon)

- 11:00 Risk stratification in atherosclerosis: Lessons from different guidelines: IAS, SCORE, NCEP
W. Riesen (Switzerland)
- 11:20 How can CT scan add to the risk stratification?
W. Jaber (USA)
- 11:40 Old and new Markers for coronary artery disease
R. Azar (Lebanon)
- 12:00 Kidney disease as a cardiovascular risk factor
A. Berbari (Lebanon)

12:30 COFFEE BREAK

2. ATHEROSCLEROSIS: THERAPEUTIC CONSIDERATION

Co-chair: Z. Ghazzal (Lebanon), **A. Hage** (Lebanon)

- 13:00 Dietary control (red wine, olive oil...) and cardiovascular prevention
N. Houalla (Lebanon)
- 13:20 Management of dyslipidemia in the post-MI and stroke
W. Riesen (Switzerland)
- 13:40 Coronary artery disease in women
Leslie Choe (USA)
- 14:00 Atherothrombosis: benefit of anti-platelet therapy
K. Khalifé (France)

See you in 2011

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AND ICD EXCLUSIVES



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